



I have been actively involved in various aspects of education and counselling my entire career since 1979. My credentials include B.Sc., B.Ed., M.Ed and ICADC. I started as a high school science teacher and counsellor, and have done course, program and curriculum design for colleges and businesses, as well as instructing throughout. I continue to be passionate about education and counselling, I am currently employed at Focus Mental Wellness as the Manager of Clinical Operations which includes development and implementation of training for therapists.